# Not Just Another Sports Organization

Basketball Beginnings is committed to raising the level of basketball and promoting awareness in Ontario. We partner with social organizations that work within organized structures to bring communities together; identifying and building common goals with youths as a group. We understand the importance of mental and physical conditioning and believe that becoming a good athlete should be a character building experience; not just in basketball, but in any sport. Our desire is for players to excel as athletes as well as individuals. Athletics when properly coached provide an environment where individuals can learn about themselves and about life. We promote life-skills development through the sport of basketball - our athletes are students first, discipline starts by teaching the fundamental principles of personal conduct, self assertion and fair þlay.

> 10/11 INSTRUCTIONAL LEAGUE Oct 2, 2010 - May 27th, 2011

Early Bird Registration ends October 2, 2010 Site-Registration Oct 9th 9:00am - 1:00pm

(416) 440-6127

**Basketball Beginnings Youth Organization** 

335-1408 Van Horne Ave Willowdale, Ontario M2J 2V6 E-mail: info@basketballbeginnings.com

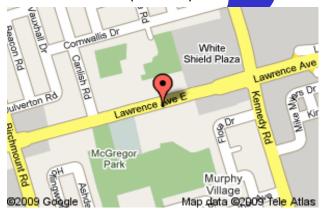
In Participation with:



## We are located at:

Winston Churchill Cl 2239 Lawrence Ave, East., Scarborough

Entrance Westside.(Lawrence)



Directions:

Just 1 block West of Kennedy Ave. on the south side of Lawrence Ave, E.

## **Contact Us:**

**Basketball Beginnings Youth Organization** 

335-1408 Van Horne Ave. Willowdale, Ontario M2J 2V1

Tel/Fax:(416) 440-6127 (416)-440-0033 info@basketballbeginnings.com

Program Director: Clairmonte Burgess

## **General League Information**

This is an instructional league that provides basic and advanced skills training in competitive surroundings. All coaches are highly skilled, some who have played at D 1 / 2 levels all possess accredited coaching certificates.

Please be sure to fill in all the forms provided in the application package. This includes a general registration, medical, and consent form. All forms must be filled out completely, signed and returned with payment.

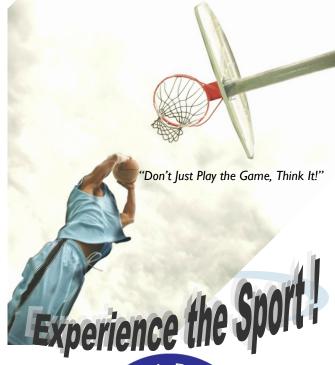
### Cancellation/ Refund/Cheque Policy

League fee less a \$85.00 non-refundable administrative deposit will be refunded without question, if you cancel at least two weeks prior to the September 27, 2008 deadline date. No refunds after (September 27th, 2008) Registrations will be held for future Basketball Beginnings programs. If no request for cancellation is made before the deadline cancellation date of the league, absolutely no refunds will be given for any reason. We provide subsidized spots.

There will be a \$35.00 fee assessed for each returned cheque.

# 10/11 INSTRUCTIONAL LEAGUE

October 9, 2010 - May 27th, 2011





www.basketballbeginnings.com



Oct 9th, 2010 to May 27th, 2011

# **Instructional League**

Children aged 4 - 7

Bi-weekly Instructional scrimmages & theory

Team Uniforms

20 game tournament + Play-offs

20 minute game times

Coached games Team Pictures

\*Bantam League Select Rep Team

# **Instructional League**

Children aged 8 - 13

Bi-weekly Instructional scrimmages & theory

Team Uniforms

20 game tournament + Play-offs

40 minute game times

Coached games

Team Pictures

\*Age group Selected Rep Teams

## **Instructional basketball training Program 14-19**

# **Train and Play**

# \*\*\*PLUS\*\*\*

**Early Bird \$385.00** 

## 2011 BBYO AWARDS BANQUET



Trophies for the winning team in each division
Awards for the 2nd place team in each division
General Awards for All
MVP in each division
Most Improved in each division
Sportsmanship
Game statistics
Special Recognitions

# AT BASKETBALL BEGINNINGS WE DON'T JUST PLAY THE GAME "WE THINK IT"

"In a league of it's Own"

A Basketball Beginnings program provides instruction that effectively raises the skill level of its participants. As players increase knowledge and develop the correct techniques their confidence increases, gaining a desire to play in more challenging atmosphere.

# Philosophy

Our commitment is to assist in academic and athletic goals. We provide counsel and networking for individuals who wish to pursue basketball at their highest level.

# A learning Experience

A Basketball Beginnings program will raise your playing expectation.

With use of specific drills, we teach basic fundamentals that enhance court awareness and sharpen skills.

We focus on dribbling, shooting passing, defense, pick and roll, rebounding and ball-position.

In-order to play at an advance level you must train.

We provide that level of sport specific, strength and conditioning programs for elite athletic development

LEARN WITH US, TRAIN WITH US

"Experience the thrill of competitive basketball while improving your skills."

# SELECT REP Training

## Instructional Selected Rep-Teams

#### **REP TEAM INFORMATION FOR PLAYERS AND PARENTS**

There is a maximum of 10 players on each team. Players deciding to join are expected to maintain their commitment and dedication. This is a voluntary decision for players who wish to enhance their skills, excel to a higher playing level, and compete against teams from other leagues.

## Training/Practices

Training will take place each week after regular league instruction and/or games. You are expected to commit to training: conditioning; and participate in exhibition, at-home, away games and tournament play as set out by the league. Individuals wanting to play in this division must understand that training and conditioning is the key to enhanced performance. Players must commit themselves to practices as this is where they will learn to play the game and improve their skill level.

## **Playing Time**

Everyone is exposed to equal playing time in order to gain confidence. However, playing time on the Rep team is determined by the Rep team coaching staff and based on each individuals dedication to their personal improvement.

### Coaches Responsibilities

Rep coaches are a vehicle for players to acquire more skills, and a better understanding of the game. Coaches will do their best to improve all players, while nurturing and supporting a healthy and proactive environment that enables players to succeed.

## **Decision Process**

It is important to understand that this level of play requires dedication and commitment, if you are unable to commit 100%, the regular league is available to improve your playing ability and enjoy a team environment.